

Safeguarding Code for Young Cyclists

(Reference - Cycling Ireland Code of Practice & Safeguarding procedures for young & vulnerable cyclists)

Omagh Wheelers CC wishes to provide the best possible environment for young people involved in the sport of cycling. Young people deserve the right to be given enjoyable, safe sporting opportunities, free of abuse of any kind. Young participants have rights which must be respected, and responsibilities that they must accept. As young people, we encourage you to realize that you have responsibilities to treat other participants and cycling leaders with fairness and respect.

You are entitled to:

- Be safe and to feel safe;
- Be listened to;
- Be believed;
- Be treated with dignity, sensitivity and respect;
- Have a voice in the club;
- Participate on an equal basis;
- Have fun and enjoy sport;
- Experience competition at a level which you feel comfortable;
- Make complaints and have them dealt with;
- Get help against bullies;
- Say no;
- To protect your own body;
- Confidentiality.

As a young cyclist you should always:

- Treat cycling leaders with respect e.g. group leaders, coaches, commissaries, marshals, managers, mentors etc;
- Cycle fairly at all times;
- Respect team members even when things go wrong;
- Respect opponents and be gracious in defeat;
- Abide by the rules set down by managers, officials and leaders;
- Behave in a manner that avoids bringing cycling into disrepute;
- Talk to a the Safeguarding/Youth officer (Peter Ward 07718 626497) and your parents if you have any problems;
- Obey the rules of the road.

As a young cyclist you should **never**:

- Cheat;
- Use violence or physical contact;
- Shout or argue with officials, team mates, opponents, commissaries, marshals etc;
- Harm team members, opponents or their property;
- Bully or use bullying tactics to isolate another cyclist;
- Use foul language;
- Use unfair or bullying tactics to gain an advantage;
- Keep secrets, especially if they have caused harm;
- Tell lies about young people / adults;
- Spread rumours;
- Cycle or train if you feel unwell or are injured.

I agree to abide by this 'Code' (and the Cycling Ireland Code of Practice).

Youth signature: _____
Youth name: _____
Parent signature _____
Parent name: _____
Date: _____